



## CONSENT FOR RELAXING FACIAL MUSCLES

### via Botulinum Toxin Products Including:

Botox® onabotulinumtoxinA

Dysport® abobotulinumtoxinA

Xeomin® incobotulinumtoxinA

Botulinum toxin is a neurotoxin produced by the bacterium Clostridium Botulinum that can temporarily relax the muscles on areas of the face and neck which cause wrinkles associated with facial expressions. Dynamic wrinkles appear with movement of muscles. Static wrinkles exist without movement of muscles. Treatment with botulinum toxin can cause your facial expression lines or wrinkles to soften or disappear. Areas most frequently treated are: a) glabellar area or frown lines, located between the eyes; b) crow's feet (lateral area of the eyes); and c) forehead wrinkles. Botulinum toxin is diluted to a very controlled solution and when injected into muscles with a very thin needle, it is almost painless. Clients may feel a slight burning sensation while the solution is being injected. The procedure takes about 15–20 minutes and results last 3 months. With repeated treatments, the results may last longer.

### RISKS AND COMPLICATIONS

There are certain inherent and potential risks and side effects in any invasive procedure and in this specific instance such risks include but are not limited to: 1) Post treatment discomfort, swelling, redness, and bruising; 2) Post treatment bacterial, viral, and/or fungal infection requiring further treatment; 3) Allergic reaction; 4) Minor temporary droop of eyelid(s) in approximately 2% of injections, this usually lasts 2–3 weeks; 5) Occasional numbness of the forehead lasting up to 2–3 weeks; 6) Transient headache; 7) Flu-like symptoms; 8) Asymmetry requiring further treatments. 9) Excessive or spread of to adjacent muscle resulting in drooling, difficulty or inability to whistle or drink from a straw, change in facial dynamics affecting speaking, singing, or playing a woodwind or brass instrument. Please visit the individual product web sites for up to date important consumer safety information from Botox®, Dysport®, Xeomin®.

Botulinum toxin may cause serious side effects that can be life threatening. Call your doctor or get medical help right away if you have any of these problems anytime (hours to weeks) after treatment with botulinum toxin.

Bleeding and bruising can be reduced by avoiding aspirin, ibuprofen, naproxen, mega doses of Vitamin E, Ginko, garlic, and diet pills for 2 weeks prior to the procedure. Avoid drinking alcohol on the day of injection.

### PHOTOGRAPHS

I authorize the taking of clinical photographs. I will be contacted if considered for use in publications and presentations. I understand my identity will be protected.

### PREGNANCY, ALLERGIES & NEUROLOGIC DISEASE

I am not aware that I am pregnant or plan to become pregnant. It is not known whether botulinum toxin can affect unborn babies. It is not known if the product passes into breast milk.

I am not aware that I have any significant neurologic disease (Myasthenia Gravis, Amyotrophic Lateral Sclerosis (ALS), or Eaton Lambert Syndrome).

I am not aware that I have any allergies to the toxin ingredients, or to human albumin.

### PAYMENT

I understand that this procedure is cosmetic and that payment is my responsibility.

### RESULTS

I am aware that when small amounts of purified botulinum toxin are injected into a muscle it causes weakness or paralysis of that muscle. This appears in 3–7 days and usually lasts 3 months but can be shorter or longer. In a very small number of individuals, the injection does not work as satisfactorily or for as long as usual. I understand that I will not be able to “frown”



or move injected muscles while the injection is effective but that this will reverse after a period of months at which time re-treatment is appropriate. I understand that I must stay in the erect posture and that I must not manipulate the area of the injection for the four hours post-injection period.

Please feel free to return within 1-2 weeks to evaluate results. Placing less product initially is preferable. Once product has been placed, only time can reverse the effects of treatment.

**CONSENT**

I understand the information on this form is essential to determine my medical and cosmetic needs and the provision of treatment. I understand that if any changes occur in my medical history/health I will report it to the office as soon as possible. I have read and understood the below medical questionnaire. I acknowledge that all answers have been recorded truthfully and will not hold any staff member responsible for any errors or omissions that I have made in the completion of this form.

I hereby voluntarily consent to treatment with botulinum toxin injection for the condition known as Facial Dynamic Wrinkles. The procedure has been explained to me. I have read the above and understand it. My questions have been answered satisfactorily. I accept the risks and complications of the procedure.

Previous Facial Procedures and Operations:

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\_\_\_\_\_

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

**POST-TREATMENT INSTRUCTIONS**

Remain upright (sitting or standing) for 4 hours

Do not press or massage treatment areas

Perform facial exercises

Return in 2 weeks for a no-charge post-treatment evaluation. Additional charges apply if more product is requested.